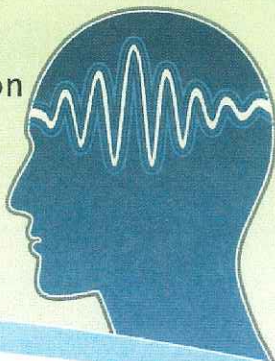


The Benefits of Neurofeedback

- ✓ Non-invasive
- ✓ No Drugs or Radiation
- ✓ Enjoyable
- ✓ Cost-effective
- ✓ Only 30 Minutes
- ✓ Often Permanent



Julie Perry Nelson
Loveland, Colorado

"My whole life I have suffered from sleep issues. Awake at 5 am, I could never get those extra few hours I so desperately needed. What a difference neurofeedback has made. It only took 3 sessions

for me to start sleeping longer. Now I get more out of my day because I am not as tired. Neurofeedback is very much worth it!"

What if you could eliminate or reduce chronic neurological conditions just by watching a movie or listening to music?

That may sound too good to be true, however decades of research have shown that properly aligned brainwaves can positively affect the way our body functions.

Neurofeedback is yielding positive results for many people with debilitating neurological conditions. People of all ages can see dramatic improvement in conditions like **ADHD, Depression, Anxiety, Brain Injury, Migraines, Seizures, Chronic Pain, Addiction** and more.

How Does Neurofeedback Help Me?

Neurofeedback does not target any specific conditions. Instead it realigns brainwaves, which changes timing and activation patterns in the brain. The result is better brain function, which can improve or eliminate symptoms.

Decades of Research

Neurofeedback has over 50 years of positive case studies and scientific publications and is currently used by thousands of licensed health professionals around the world. **It could be the most important new tool for mental and neurological health available today.**



Lorna Riley, CSP

"The most inexpensive therapy is the one that works!"

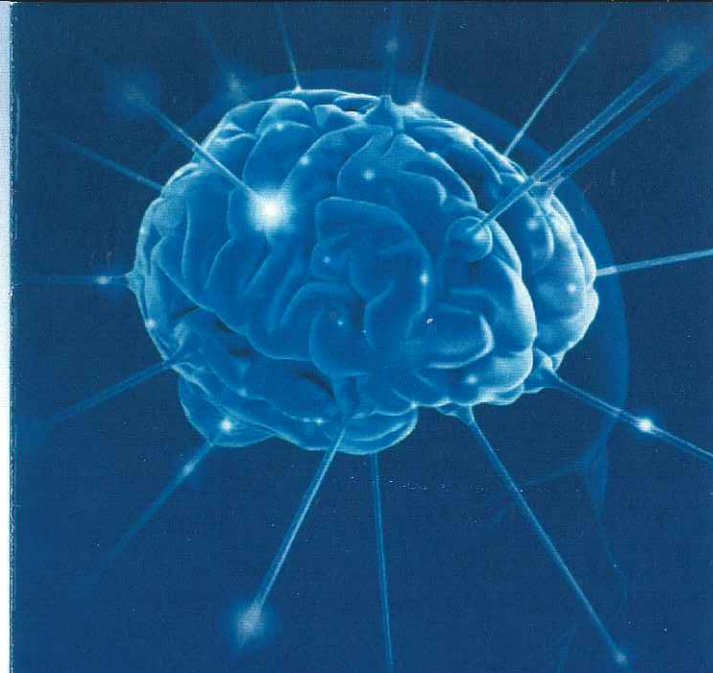
"Over the past nine years, I've tried just about every protocol offered to relieve the symptoms of chronic fatigue syndrome and fibromyalgia. While some attempts were more

helpful than others, Neurointegration Therapy has been by far the most effective. Not only did it reduce my pain by 95%, but it restored my sunny disposition so that I could actually enjoy life once again. For the first time in nine years, I was being pulled out of the darkness and into wellness."

**When your brain works,
your body responds!**

The Neurointegration system is a product of the Clear Mind Center®, offered through this practitioner. For more information, visit our website at www.clearmindcenter.com

Practitioners: To order more brochures, please visit www.clearmindconnections.com



Have You Heard About Neurofeedback?

A powerful and non-invasive process that can eliminate or improve symptoms of

- ADHD
- ANXIETY
- BRAIN INJURY
- DEPRESSION
- FIBROMYALGIA
- LYME DISEASE
- MIGRAINES
- PTSD / STRESS
- SUBSTANCE ABUSE
- ADDICTION
- AUTISM
- CHRONIC FATIGUE
- EPILEPSY / SEIZURES
- INSOMNIA
- MEMORY LOSS
- OBSESSIVE / OCD
- STROKE
- AND MORE!

**When your brain works,
your body responds!**

The Brain Map

How Do We Determine Your Condition?

The heart of this process is our brain mapping system, which allows us to image the brain in real time. The brain map is an important tool we use to evaluate your brainwaves and identify opportunities to improve communication between various regions of the brain.

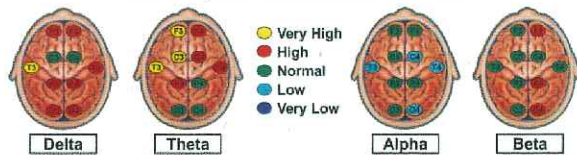
The brain map is able to capture a window of brain activity, analyze the data and create a visual representation for each lobe of the brain and each specific brainwave (Beta, Alpha, Theta and Delta).

A Customized Report Of Findings

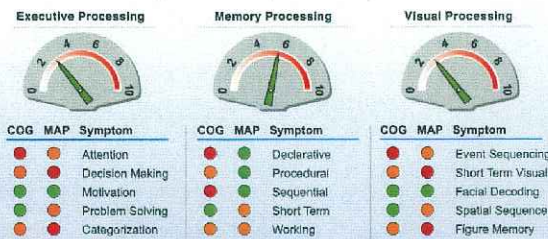
Our detailed brain map report identifies unhealthy brainwave patterns and connectivity issues in an easy to read format. It also shows the training protocols needed to improve or eliminate your symptoms using neurofeedback.

Sample Brain Map Page

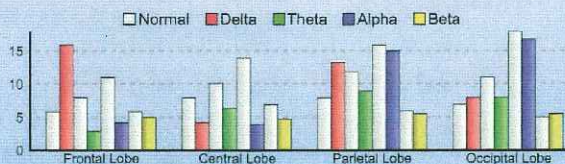
Visual Analysis of Brainwaves for Each Lobe



Visual Analysis of the Major Functions of the Brain



Midline Analysis of Your Brainwaves Compared To Normal Ones



The Process

1. Run A Brain Map



The first step is to record an image of the brain. This noninvasive process involves recording your brain waves for six minutes with eyes open and six more minutes with eyes closed.

2. Analyze Results

Your EEG recording is uploaded to a database and compared to similar individuals with healthy brain activity. Cognitive and emotional issues are identified, as well as irregular brainwave patterns. Customized training protocols show what areas of the brain to focus on and train into healthy patterns.

3. Neurofeedback Sessions



Training sessions are 30 minutes and pleasant. You watch a movie or listen to music of your choice while wearing our photic light glasses. The computer monitors brainwaves and sends signals to gently guide brainwaves into healthy patterns. 20 – 40 sessions are normal, usually 1 - 3 times a week. Results are often permanent and eventually neurofeedback is no longer needed.

Train At Home With A Focus Unit

Our Focus unit is an easy-to-use portable system that can provide the brain training to support your health needs at home, at work or on the go. You benefit from our signature photic light-sound technology by using the custom protocols from your brain map, or you can use the optimizer protocols that are included.

The unit can be continually adapted as you attain new levels of well-being.

As you improve, the system changes with you!



Here is what comes with your package:

- ✓ A brain map that shows problem areas in your brain
- ✓ A comprehensive one-on-one explanation of the brain map results and how to correct the problem areas
- ✓ Neurofeedback sessions using the photic glasses
- ✓ A follow-up evaluation after all sessions are finished
- ✓ Another brain map upon conclusion (if needed)

FIND OUT MORE

For more information about this revolutionary new, non-invasive technology, please visit or call our office.



Disclaimer: This product is not intended to diagnose, treat, cure or prevent any disease.